



Corporate wellness

Help your employees get in tune.



A benefit designed for your business and budget

In today's modern workplace, it's essential to understand that everyone has different health goals, preferences, and challenges. By personalizing wellness initiatives, you can create a workplace culture that supports employee well-being and ultimately drive business success.



empower your employees

From as low as 1500 ksh/month. Companies pay a monthly fee to use the platform, which allows employees to choose their own monthly plans to access fitness classes and gyms

A flexible and affordable wellness program.



EXPLORE WELLNESS

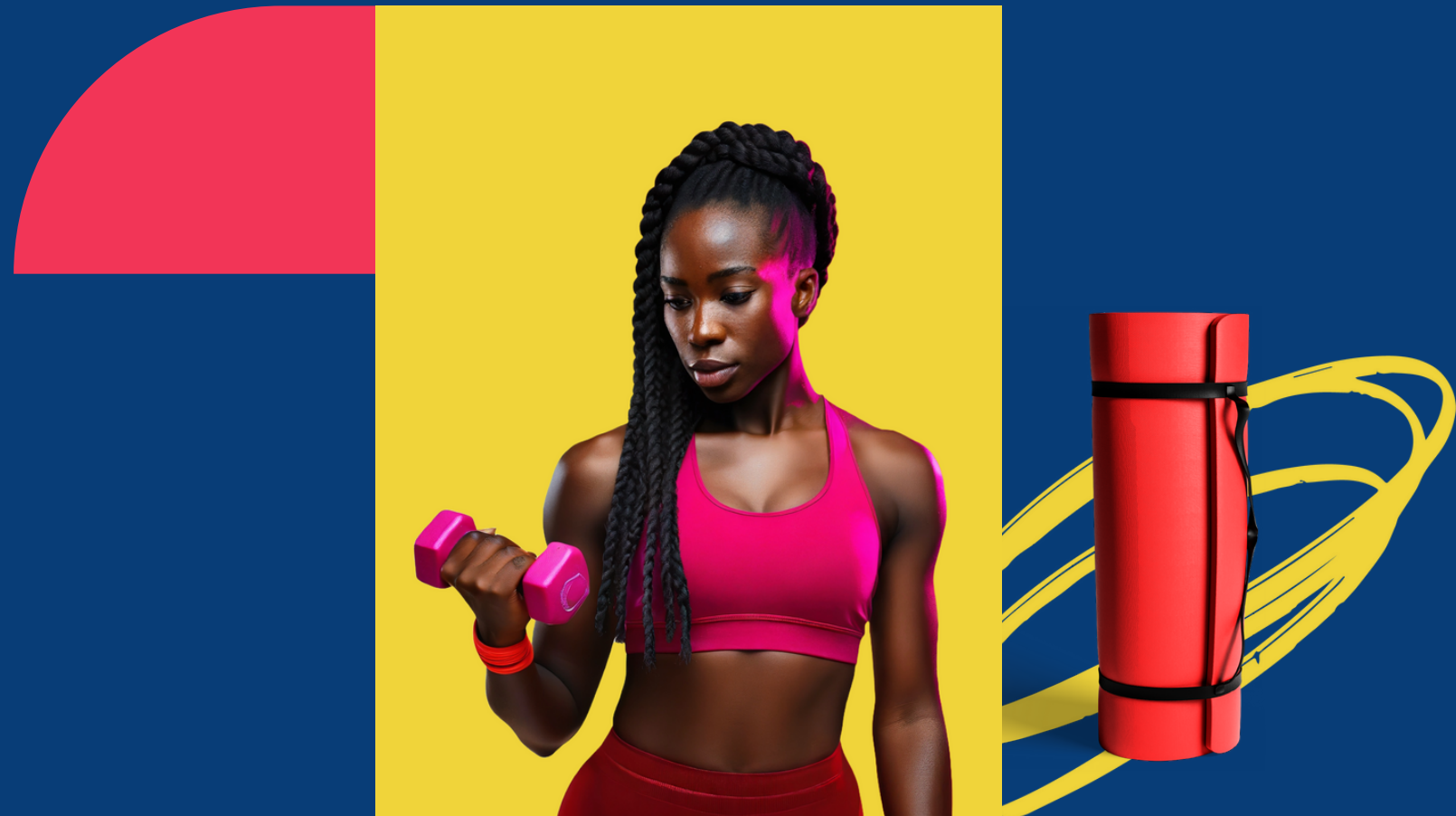


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GYMS, YOGA, PERSONAL TRAINING
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1	SEAMLESS BOOKING & CHECK- IN
2	ACTIVITIES FOR ALL FITNESS LEVELS
3	AFFORDABLE SUBSCRIPTION
4	MULTIPLE LOCATIONS



Healthy employees Healthy company



REDUCE SICKNESS AND STRESS
RELATED ABSENCE BY CREATING
HEALTHIER HABITS

ELEVATE YOUR EMPLOYEE BRAND,
IMPROVE TALENT ACQUISITION AND
EMPLOYEE RETENTION

INCREASE EMPLOYEE
ENGAGEMENT, CONNECTION AND
MORALE TO CREATE A MORE
MOTIVATED CREW

FITNESS

